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2018 is the year of better access and control of health information. My Health Record allows doctors and health providers to quickly access documents containing critical pieces of information which means you don't have to recall your medical history every time you visit them.”



Dr Chris Moy  
General Practitioner



My Health Record

## My Health Record Community information session

**My Health Record is a secure online summary of your health information. You can choose to share your health information with doctors, hospitals and other healthcare providers.**

My Health Record helps you keep track of your health. It means your important health information like medical conditions, allergies, treatments, medicine details, shared health summaries, test or scan reports and immunisation details will be available in one secure place.

- What is the My Health Record
- What you need to know
- Security and privacy rules for the My Health Record
- How to access your My Health Record
- How to Opt Out

**Delivered by Country SA PHN Digital Health Team**

**Town name:** Murray Bridge

**Venue:** Murray Bridge Town Hall

**Date:** Monday 6<sup>th</sup> August 2018

**Time:** 3:00pm

**More information can be found at:**  
[www.myhealthrecord.gov.au](http://www.myhealthrecord.gov.au)