

with any medical test it is important that other factors do not interfere with your test result. Please read and follow these instructions carefully.

This is a simple test however it is essential that your specimen be collected under controlled conditions, preferably at an IMVS Collection Centre, or delivered to the laboratory promptly after collection.

Obtain a sterile plastic container from your doctor or your nearest IMVS Collection Centre, locations are listed on the back of your IMVS Request Form.

### ***Before the test***

- Do not have intercourse for 48 hours prior to providing the sample but no longer than 7 days total abstinence.

### ***Collecting the specimen***

1. The specimen is obtained by masturbation into the sterile container provided.
  - a. *Do not use* other containers or a condom; they may contain chemicals, which can affect the rest result.
2. Collect the complete ejaculate
  - a. If the sample is incomplete write a note on the container or Request Form
3. Collect these details on the collection container
  - a. Your *name*
  - b. *Date of birth*
  - c. *The time* of sample collection

### ***Delivering the specimen***

Deliver the sample to the laboratory promptly preferably *within 1 hour of collection*.

*Keep the specimen at body temperature*, for example put it in your inside jacket pocket.

### ***Your results***

Your doctor will advise you when results are available.