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Flatfeet are normal in infants and young children. The arch develops whether the child wears shoes or goes barefoot. So special wedges, inserts or heels are not necessary for the normal toddler who has flexible flatfeet.



However, one in seven children never develop an arch.



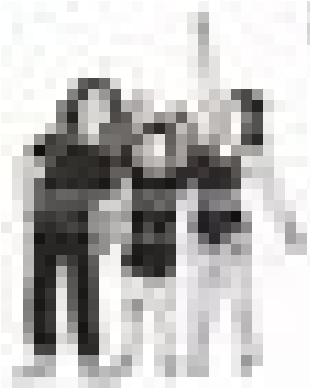
Children usually have low arches because they are loose-jointed. The arch flattens when they are standing.



The arch can be seen when these feet are hanging free, or when the child stands on his toes.

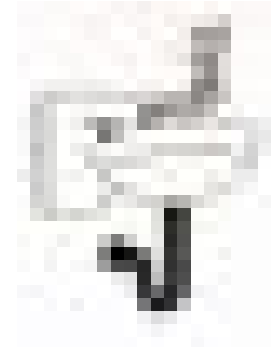
Just as normal children are of different heights

Different arches have different heights.



Wearing a pad under the arch of a single hyper-mobile flatfoot may make the child less comfortable

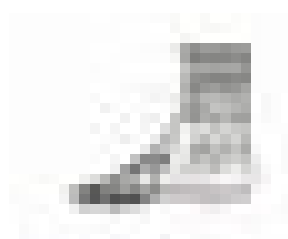
and wastes money!



The physician is concerned if the flatfoot is



Stiff or Painful or very severe.



Physicians are most concerned about a high arch.